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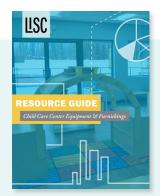
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**Local Initiatives Support Corporation** 

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## INTRODUCTION

The space you use in your home to provide child care services can have a dramatic impact on your ability to offer high quality care. Experienced family child care providers know that the layout and organization of their child care space can either help or hinder their efforts. Family child care space offers some unique challenges, since the space does double-duty: it is your family's living space, but it also serves as a place to provide care for several children every day.

The Family Child Care Space Checklist is designed to help you look carefully at various aspects of your home environment to determine what works well and where you may want to make changes.

The Checklist is organized into five broad categories:

- 1. Entrance the exterior of your home, how you enter the space and what you see once you enter.
- General Health and Safety Components
   of the Home the degree to which the
   space supports the health and safety
   of the children in your care.
- 3. Caregiving Areas where children's basic needs: eating, sleeping, diapering, etc. are met.
- 4. Learning Environment how the space is set up to support exploration, learning, and play.
- 5. Outdoor Play Space where children experience nature and play outdoors.

### **INSTRUCTIONS**

The Checklist Key at the right shows the rating scale you should use to rate each response. Rate each checklist item based on this numeric scale from 0 to 4 or by marking "not applicable." Each item also has one or more icons, pictured in the Key, to indicate whether it is related to Health and Safety; Quality; or Maintenance, Repair and Aesthetics.

Use the Checklist as you review the space, examining each item and noting whether your space or furnishings meet the criteria or contain the features described. Reviewing the number and type of features checked under each item can help you determine which number on the scale best represents that particular aspect of your space.

You will note that each item also has a space to identify whether it is a priority item (PR!). You can either mark priorities as you go through the checklist, or you may find it easier to think about which items are priorities after you have completed all of the checklist sections. There is no single way to identify priorities. In almost every case, a health and safety concern should be a priority. A low scoring item that affects how you implement your program or keeps you from achieving your goals is also likely to be a priority. For example, if your program values creating a welcoming environment for families, but scores low on its entry, this could be a high priority to address.

### **KEY**



Does not exist in the center, but should



Inadequate: requires improvement or repair

2

Fair: should be improved

3

Good: good quality or in

good condition

**Excellent:** first-rate or top quality

N/A

Not applicable: doesn't apply to the home

PR!

**Priority!** Don't forget to identify priority items



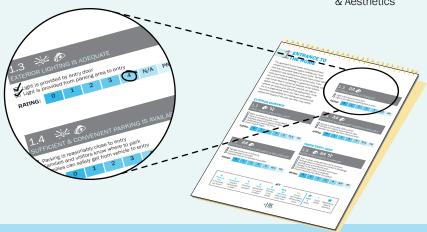
Health & Safety



Center Quality



Maintenance, Repair & Aesthetics



NOTE: This Checklist is based in part on the following resources: Creative Curriculum for Family Child Care, NAFCC Accreditation Standards, Family Day Care Rating Scale, Consumer Products Safety Commission and National Program for Playground Safety.

# 1 ENTRANCE TO THE HOME

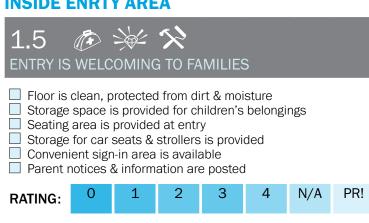
The approach to your home moves parents and children from the public space outside your front door into the private space of your home. The first impression that families and visitors have of your family child care home is what they see at the entry. If you live in a multi-family dwelling or apartment building, you may not be able to control all features of the outdoor space, but you should still look carefully for ways to present an orderly and welcoming appearance. If you live in a single-family home, you have more ability and more responsibility for creating an entrance that reflects the quality of the care you offer once inside.

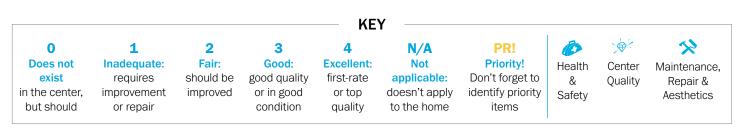
# EXTERIOR LIGHTING IS ADEQUATE Light is provided by entry door Light is provided from parking area to entry PR! 2 3 4 N/A RATING: SUFFICIENT & CONVENIENT PARKING IS AVAILABLE Parking is reasonably close to entry Families and visitors know where to park Families can safely get from vehicle to entry N/A PR! RATING: **INSIDE ENRTY AREA**

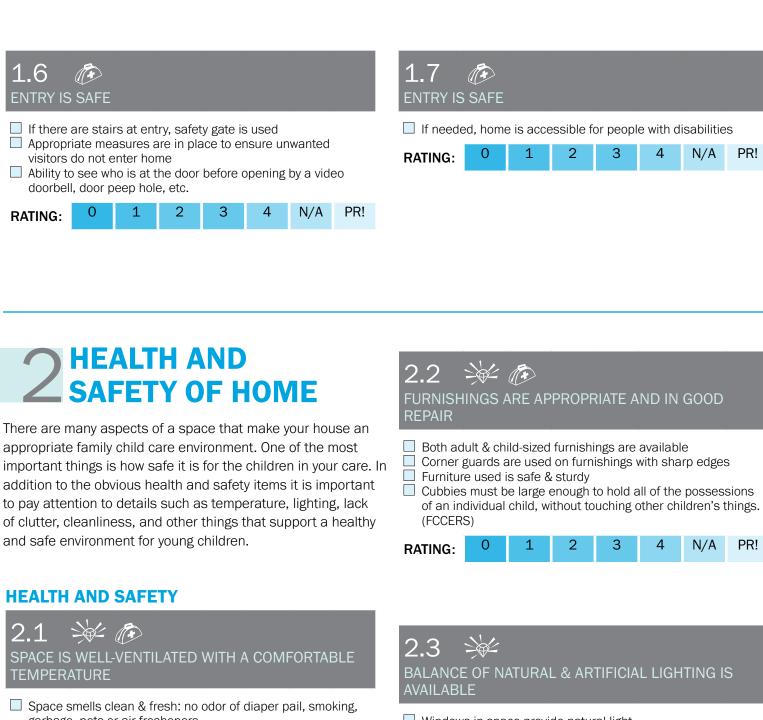
## **EXTERIOR ENTRANCE**

1.1							
<ul> <li>□ Walls, windows trim are intact</li> <li>□ There is no peeling paint or broken glass</li> <li>□ Sidewalk/steps are in good condition</li> <li>□ Landscaping is well-maintained</li> <li>□ Area is free of debris</li> </ul>							
RATING:	0	1	2	3	4	N/A	PR!

1.2							
☐ Signage directs you to entrance ☐ Clear pathway is provided ☐ Operable intercom or doorbell is provided							
RATING:	0	1	2	3	4	N/A	PR!

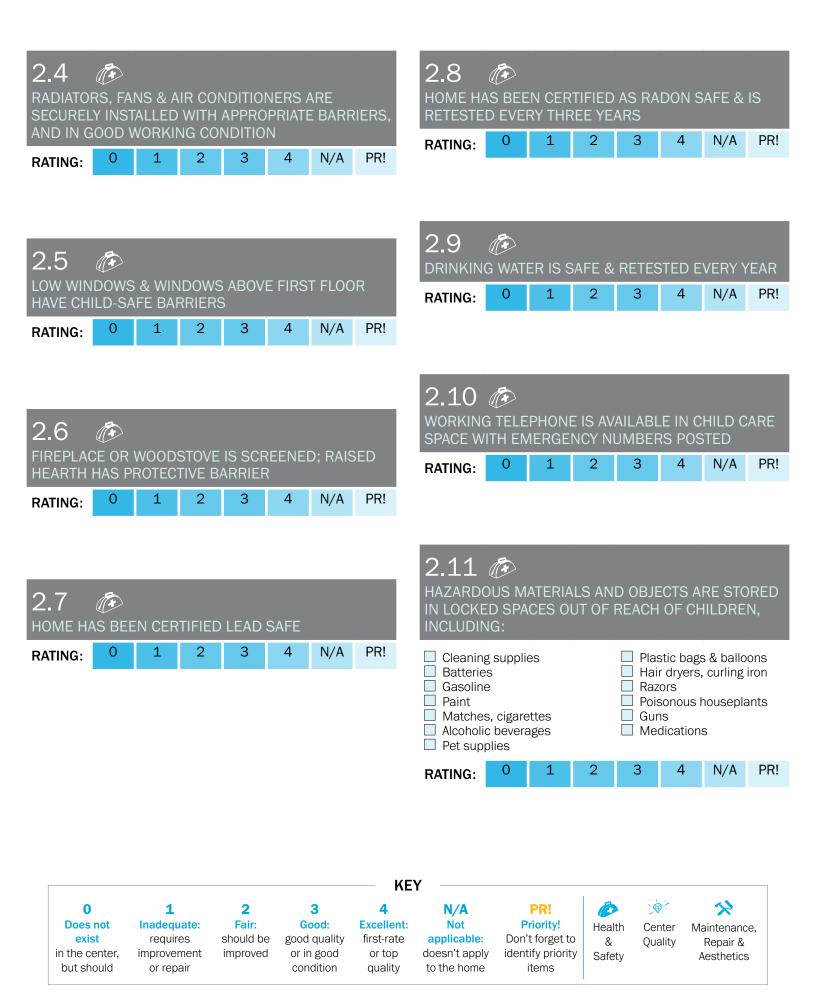


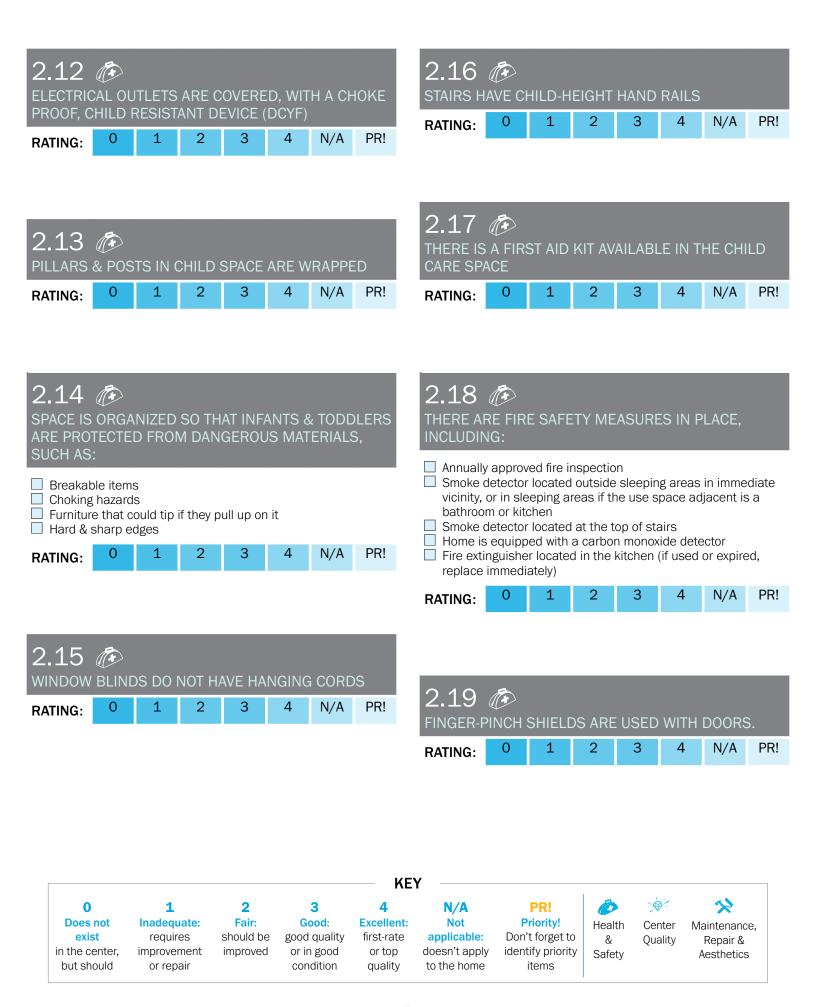




garbage, pets or air fresheners Windows in space provide natural light Temperature is controllable at a comfortable level If fluorescent lighting is used, it is combined with other lighting. Ventilation should be able to be controlled in all spaces used ☐ The direct lighting must be in the spaces used for child for children care more than 50% of time children are allowed to attend ■ Windows work and limit temperature change (FCCERS) 1 2 3 4 N/A PR! 3 4 N/A PR! **RATING: RATING:** 

KEY \$ 0 2 3 N/A PR! Fair: **Excellent: Priority!** Does not Inadequate: Good: Not Health Center Maintenance. exist requires should be good quality first-rate applicable: Don't forget to & Quality Repair & in the center, improvement improved or in good or top doesn't apply identify priority Safety **Aesthetics** but should condition quality to the home items or repair





# **CAREGIVING ARFAS**

These are the areas where children's physical needs are met - diapering and toileting, naps and rest, meals and teaching hygiene practices such as brushing teeth and washing hands. They should still feel home-like and be set up for ease of use and cleanliness, but they should also support warm relationships, individual attention, and a sense of well-being.

## **MEALS**

DESIGNATED EATING AREA SET UP WITH ENOUGH SAFE AND APPROPRIATELY-SIZED FURNISHINGS FOR RELAXED & COMFORTABLE MEALS

- Children's feet and backs are supported in chairs
- Highchairs have straps

RATING:

- 2
- 3
- N/A
- PR!

# KITCHEN AREA IS SAFE

- Microwave is out of children's reach
- Small kitchen appliances are stored securely; all cords out of reach
- Stove & oven are used with attention to child safety
- Childproof latches are installed on any cupboards and drawers that contain hazardous items

**RATING:** 

- 1

- 4
- N/A
- PR!

### **NAPS**

## 

EACH CHILD HAS OWN COT, MAT, OR BED THAT MEETS LICENSING CODE

- Children do not share bedding
- Bedding is kept separate & laundered often
- Cots or mats are required to be 3 feet apart
- Cots or mats for sleeping are at least 2" thick. (FCCERS)

RATING:

- 4
- N/A

PR!



## CRIBS MEET CPSC AND ASTM SAFETY STANDARDS

- Product number and information for each crib should be kept on file
- Staff should inspect cribs regularly to ensure that there are no safety hazards
- Cribs should be placed three feet apart
- Cribs should only be used for sleeping
- No blankets, pillows, or toys should be placed in cribs
- ☐ Have firm mattresses and well-fitted sheets

**RATING:** 

- 1
- 2

3

- N/A

PR!

LIGHT LEVELS CAN BE REDUCED FOR SLEEP, BUT ROOM IS NOT COMPLETELY DARK

2

RATING:

- 0
- 1
- 3
- 4
- PR! N/A

**KEY** 

0 Does not exist in the center,

but should

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or repair

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**Excellent:** first-rate or top quality

N/A Not applicable: doesn't apply to the home

PR! **Priority!** Don't forget to identify priority items

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3.6	3.8				
<ul> <li>Area is available for non-napping children to read or play quietly</li> <li>Space is available for infants to sleep as needed on own schedule</li> <li>Space is arranged so that children can be easily supervised when sleeping</li> </ul>	APPROPRIATE  If potty chairs or child-sized toilet seats are used, they are sanitized after every use  Sturdy step stool is available near sink for handwashing  Pump soap & paper towels are available  Located near children's activity areas				
<b>RATING</b> : 0 1 2 3 4 N/A PR!	<ul><li>No-touch fixtures and dispensers are provided</li><li>RATING: 0 1 2 3 4 N/A PR!</li></ul>				

## **DIAPERING AND TOILETING**

# 

- ☐ Diaper changing is done near sink with hot running water, liquid soap & paper towels
- ☐ Diapering is not done near food prep area or sink used for food prep
- Diapering surface is easily cleaned & sanitized or children each have personal changing mats
- ☐ Diapering supplies are stored securely
- Diaper pail is covered, plastic-lined & kept away from children
- Diapering area is ventilated with mechanical exhaust fan or close access to window that opens for fresh air
- Diapering area allows caregiver to supervise other children easily while changing diapers
- No-touch fixtures and dispensers are provided

**RATING:** 

1

2

3

N/A

4

PR!



KEY

Does not exist in the center, but should Inadequate: requires improvement or repair Fair: should be improved

Good:
be good quality
ed or in good
condition

4 Excellent: first-rate or top quality N/A Not applicable: doesn't apply to the home

Priority!
Don't forget to identify priority items



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Center Maintenance, Quality Repair & Aesthetics

# LEARNING **ENVIRONMENT**

The learning areas should be designed to support the interests of the children in the group. They should be organized into three zones: 1. wet/messy, 2. quiet and 3. active. Within those zones, define several different learning centers. In setting up the learning centers, consider various aspects of each location: floor surface, access to light, whether it needs an electric outlet, and whether it has enough space for the planned activity. Provide places for children to sit, either in child-size chairs or in some cases on the floor with mats or cushions. Think about how to store and display materials for each activity. Make an effort to give each area its own identity so that children learn what to expect and what to do in different areas. Create clear boundaries between areas and create pathways so children can move through the space without interfering with each other's play, while maintaining the home-like feel that is desirable in a family child care setting.

# LEARNING AREAS ARE CLEARLY DEFINED ☐ There are separate zones for active, quiet & messy play Each area is defined using furniture, rugs & room dividers Clear pathways help children move through the space but

consideration is given to minimizing potential "run-zones" (long narrow pathways) 2 N/A PR! **RATING:** 



## THERE IS SUFFICIENT SPACE FOR NUMBER OF CHILDREN Space does not feel cluttered or look crowded Children can move comfortably around the space There is enough space to allow for children's activities There is space for infants to crawl safely & pull up Older children can work & play without interference from younger children PR! N/A RATING: MATERIALS WITHIN ACTIVITY AREAS ARE WELL-**ORGANIZED** Displays are appealing, uncluttered & at child-height A range of materials are accessible to children ☐ Items are labeled with words & pictures PR! 4 N/A RATING:







0 Does not exist in the center, but should

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N/A Not applicable: doesn't apply to the home

PR! **Priority!** Don't forget to identify priority items

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& Quality Safety

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4.6 \$\square\$ FURNISHINGS IN THE SPACE ARE APPROPRIATE	4.9 \$\square\$\tag{\tag{ELECTRONIC EQUIPMENT IS USED APPROPRIATELY IN THE ENVIRONMENT}				
<ul><li>Some furnishings are child-size</li><li>Soft elements such as rugs, cushions, &amp; upholstered furniture are included</li></ul>	Computer, if used, is available on child-height table & has child-appropriate programs				
RATING: 0 1 2 3 4 N/A PR!	Tolovision 8 video aguinment is used minimally (20 minutes				
4.7 🎉 WELL-EQUIPPED ART AREA IS AVAILABLE	<b>RATING:</b> 0 1 2 3 4 N/A PR!				
<ul> <li>Floor is washable</li> <li>Running water is nearby</li> <li>Offers storage for art supplies</li> <li>Provides place for art activities, such as table or easel</li> <li>Sufficient art materials including paint, crayons, clay, brushes, sponges &amp; natural items are available</li> </ul>	4.10 WELL-EQUIPPED BOOK AREA IS AVAILABLE  Has a book display rack or case that is accessible to children				
<ul><li>☐ Smocks or cover shirts are available</li><li>RATING:</li><li>0</li><li>1</li><li>2</li><li>3</li><li>4</li><li>N/A</li><li>PR!</li></ul>	<ul> <li>A variety of age-appropriate books are displayed</li> <li>Has soft furnishings for children</li> <li>Offers good lighting</li> </ul>				
	<b>RATING</b> : 0 1 2 3 4 N/A PR!				
4.8 BLOCK AREA IS PROVIDED WITH APPROPRIATE RANGE OF ACTIVITIES	4.11 > WELL-EQUIPPED DRAMATIC PLAY AREA IS AVAILABLE				
Is located in a protected area Provides carpet for children to sit on Has storage area & bins for materials	<ul> <li>Offers child-sized dramatic play furniture such as a kitchen set</li> <li>Provides props for play such as dolls, puppets, dress-up clothes, &amp; seasonal items</li> </ul>				
<ul> <li>Offers enough age-appropriate blocks &amp; building materials that are in good repair</li> </ul>	<b>RATING:</b> 0 1 2 3 4 N/A PR!				
RATING: 0 1 2 3 4 N/A PR!					



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X

WELL-EQUIPPED "TABLE-TOY" PLAY AREA IS AVAILABLE

Provides bins with manipulatives & other table activities

Is stocked with puzzles & games

■ Has child-sized table & chairs

RATING:

N/A

PR!

4.14 🎉 🍻

IF INFANTS ARE SERVED THERE IS CLEAN, SOFT FLOOR SPACE AVAILABLE FOR CRAWLING & PLAYING PROTECTED FROM OLDER CHILDREN'S PLAY

**RATING:** 

2

3

N/A

PR!

L-EQUIPPED SAND, WATER &/OR SENSORY PLAY AREA IS AVAILABLE

■ Sand/water/sensory table is available or alternative solutions such as dish pans are used

Has props for play such as plastic dishes & cups, small bottles, rubber animals & people, shovels, etc.

Is not required for children under the age of eighteen months

**RATING:** 

3

4

N/A

PR!

SOFT SURFACES & COZY AREAS AVAILABLE

**RATING:** 

1

2

3

N/A

4

PR!



0 Does not exist

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Aesthetics

# 4.16 🎉 🅭

USE OF "CONTAINMENT EOUIPMENT" SUCH AS AUTOMATIC SWINGS, SAUCERS, ETC. IS LIMITED TO 15 MINUTES

Walkers are never used

It is never used for sleeping

**RATING:** 

N/A

PR!

# OUTDOOR

Children need to play outdoors every day unless weather conditions are really harsh or dangerous. Outdoor play should offer a change of pace and an opportunity to "let off steam." It is important to allow movement, louder and more boisterous play, and physical challenges geared to the ages and stages of each child in care. It is also important to stimulate children's senses and their appreciation of nature, so planning interesting and engaging activities will make outdoor play more meaningful. Many favorite indoor activities are also fun when offered outdoors.

COMFORTABLE ADULT SEATING FOR HOLDING &/OR ROCKING CHILDREN

2

**RATING:** 

3

4

N/A

PR!

## **OUTDOOR PLAY AT HOME**

( <del>1</del> YARD IS FENCED OR SAFELY ENCLOSED N/A PR! 1 2 3 4 0 **RATING:** 

MATERIALS, DECOR & DISPLAY REFLECT FAMILY AND COMMUNITY CULTURE & DIVERSITY

- Photos of children & families are displayed where children can see them
- Materials used (such as books, pictures, dolls, puzzles, etc.) represent a range of cultures & ethnicities
- Materials used expose children to a range of diversity including gender, disabilities, & race

RATING:

3

4

N/A

PR!

YARD IS SAFE

- There are no hazards such as broken glass, animal waste, nails, poisonous plants, standing water, etc.
- Trash can is secured, away from play area
- Lawnmower, other tools are stored securely
- If chain link fence is used, no potential hazards (dog, poisonous plant, etc.) are within reach on other side
- First aid supplies are available
- Phone is available

**RATING:** 

3

N/A

PR!

**KEY** 

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5.3 💥 ھ

YARD PROVIDES FOR AT LEAST 75 SQUARE FEET PER **CHILD** 

**RATING:** 

N/A

PR!

5.6 💥 ھ

PLAY AREAS FOR INFANTS & TODDLERS ARE AVAILABLE, PROTECTED FROM OLDER CHILDREN'S **ACTIVITIES** 

RATING:

2

3

4

N/A

PR!

YARD HAS CLEAR SIGHTLINES & THERE ARE NO HIDDEN AREAS TO HINDER SUPERVISION

**RATING:** 

1

2

3

4

N/A

PR!

5.7

PLAY EQUIPMENT IS SAFE, STURDY & IN GOOD REPAIR

**RATING:** 

1

2

3

4

N/A

PR!

YARD HAS AREAS WITH BOTH SUN & SHADE

RATING:

1

2

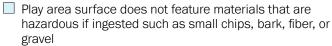
3

4

N/A

PR!

PLAY AREA HAS DIFFERENT TYPES OF SURFACING, INCLUDING GRASS, AREA FOR RIDING TOYS & APPROPRIATE FALL SURFACING UNDER EQUIPMENT IN ACCORDANCE WITH THE CONSUMER PRODUCT SAFETY COMMISSION PLAYGROUND SAFETY HANDBOOK.



Mats, tiles, & pour-surfaces are well-maintained to prevent tripping hazards

RATING:

3

N/A

PR!

PLAY AREA HAS CLEAR PATHWAYS SO CHILDREN CAN MOVE THROUGH THE YARD SAFELY & WITHOUT INTERFERING WITH OTHER CHILDREN'S PLAY

**RATING:** 

N/A

PR!

**KEY** 

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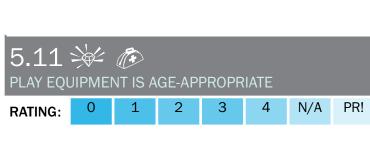
Health

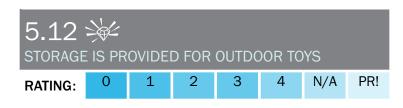
& Safety

Center Quality

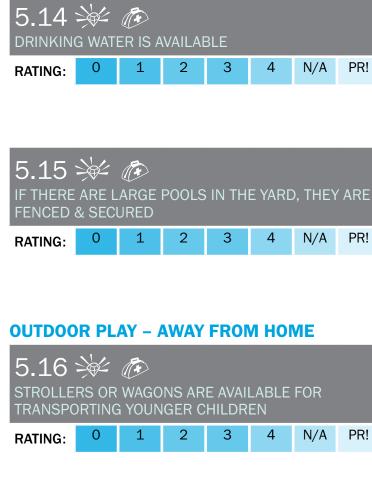
Maintenance, Repair & Aesthetics

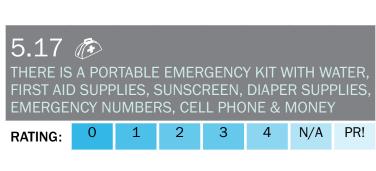
## 5.10 RANGE OF OUTDOOR PLAY OPPORTUNITIES ARE AVAILABLE Sand & water Gardening Group games, running, Dramatic play Climbing jumping Art Riding toys 2 4 N/A PR! 1 **RATING:** 5.11 💥 🌘

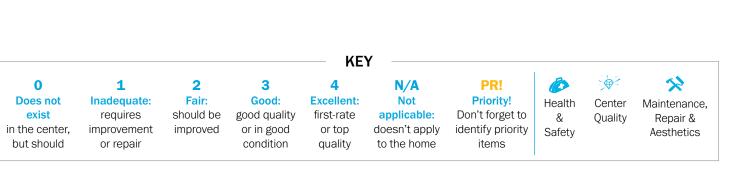












## **FAMILY CHILD CARE CHECKLIST ACTION PLAN:**

Review those items that you assigned a low rating (0 to 2) or those you marked a high priority (✓ in the PR column) and write them below. Items that affect children's health or safety should be given very high priority.

Some items will be relatively simple changes – such as rearranging space or putting some things away. Others are more complex, and will require an investment of time, money or both. Think about what you need to do in order to act on each item. If you made notes as you completed the checklist, look back at those thoughts.

Your Action Plan may cover a wide range:

- Things you can take care of right away;
- ✓ Things that you may need to discuss with your family before making a change; and
- ✓ Things that you may need to purchase/repair/build.

Decide on the first change you would like to make and list it first. Changing your space is an evolving process - you will find that some changes you make lead to other ideas or solutions you may not anticipate until you get started. Try one thing, and see if/how it makes a difference. Then move on to the next item.

List all the items you want to address under Action Needed, and as you finish them, note the date completed. If you spend money, save receipts as part of your business expenses for tax purposes.

	ITEM FROM CHECKLIST	ACTION NEEDED	DATE COMPLETED	COST
exai (	nple 3.2	stored and/or removed all small kitchen appliances and installed child-proof latches on lower cupboards and drawers.	3/15/06	\$38.00

ITEM FROM CHECKLIST	ACTION NEEDED	DATE COMPLETED	COST